



LUNCH MENU

SOUPS, SALADS & APPETIZERS

New England Clam Chowder (Cup or Bowl)

Homemade Soup of the Day (Cup or Bowl)

French Fries

Chicken Fingers Served with Honey Mustard

Stuffed Quahog

Garden Fresh Salad Traditional Accompaniments

Caesar Salad Fresh Romaine Lettuce mixed with Creamy Caesar Dressing & Grated Parmesan Cheese, Topped with Croutons

Tuna, Chef Salad or Chicken Salad Plate

The Wedge Salad A Wedge of Iceberg Lettuce with Bleu Cheese Dressing Topped with Bacon, Tomato & Crumbled Bleu Cheese

Blue Rock Spinach Salad Fresh Baby Spinach mixed with Roasted Nuts, Dried Cranberries and Crumbled Goat Cheese

SANDWICHES

Jumbo Hot Dog Char-Grilled Old Fashioned All Beef Hot Dog

Grilled Cheese With Tomato or Ham

Hot Pastrami & Cheese, Roast Beef, Ham & Cheese, Corned Beef, Tuna Salad, Sliced Roast Turkey, Chicken Salad and BLT

Soup or Salad & ½ Sandwich

(all sandwiches above served with french fries)

BLUE ROCK'S FEATURED ITEM

Santa Barbara Turkey: Thin Slices of Turkey piled high with Crisp Bacon Strips, Swiss Cheese, Lettuce, Tomato & Avocado Spread topped with a Creamy Cucumber Spread on a Grilled Croissant, Served with French Fries

Triple Decker Turkey Club Thin Slices of Turkey piled high with Crisp Bacon, Lettuce, Tomato & Mayonnaise

Char-Broiled Chicken Sandwich Flame Broiled chicken Breast served on a Grilled Roll with Lettuce, Tomato & Onion

Reuben Sandwich Thin Slices of Corned Beef, Swiss Cheese, Sauerkraut & Russian Dressing Grilled on Dark Rye Bread

French Dip Thin Slices of Lean Roast Beef on French Bread, served with Hot au jus for Dipping

Tuna Melt The Traditional Sandwich

Monte Crisco Sandwich Sliced Turkey, Ham and Swiss Cheese served between White Bread Dipped in Egg Batter & Grilled. Served with Syrup

The Rock Burger A 6 oz. Black Angus Burger cooked to your liking on our Open-Flame Broiler Served on a Gilled Burger Roll with Sliced Tomato and Onion (available With Cheese or Bacon & Cheese)

Bleu Cheese Burger This Specialty Rock Burger is Topped with Fresh Crumbled Bleu Cheese

Jamaican Jerk Burger Our Famous Rock Burger Smothered with Jerk Sauce & Melted Cheese

SEAFOOD

The Grill Room Fish Sandwich Fresh Native Cod Fish fried to a Golden Brown, Topped with Cheese on a Bulky Roll.

Fish & Chips Fresh Native Cod Fish, Deep Fried to a Golden Brown. Served with French Fries & Cole Slaw

Lobster Salad Roll Tender Chunks of Lobster Meat mixed with Mayonnaise & Celery Stuffed in a Grilled Roll

(all sandwiches above served with french fries)